

WHAT IS LIONS QUEST?

Lions Quest is a life skills and prevention program of Lions Clubs International Foundation, implemented in over 50 countries throughout the world. Lions Quest programs teach young people skills necessary for everyday success. These skills include:

Learning to accept responsibility
Communicating effectively
Setting goals
Making healthy decisions
Resisting pressure to use alcohol or drugs

There are three Lions Quest programs:
Skills for Growing for ages 5-10
Skills for Adolescence for ages 11-14
Skills for Action for ages 15-18



A Program of Lions Clubs International Foundation

More than drug awareness

Lions Quest brings the school, family and community together to promote the development of healthy and responsible young people by supporting social and emotional learning (SEL), character development, positive behavior and a commitment to service.

Lions Quest is:

- Comprehensive lessons
- Implemented by classroom educators
- Integrated into existing subject areas or taught as a stand-alone course
- Executed as a nine-week mini course or over the entire school year

The Collaborative for Academic, Social and Emotional Learning (CASEL) has given Lions Quest programs a "Select SEL" rating. One of few comprehensive K-12 curriculum options honored with CASEL's highest rating, Lions Quest provides an evidence-based SEL curriculum that will:

- help create a caring learning environment
- offer engaging instructional practices and support for academic success
- strengthen community and parental involvement.

Lions Quest programs emphasize service.

Lions clubs can become involved with a Lions Quest classroom by helping kids implement a service-learning project, giving students opportunities for meaningful participation, contribution and recognition. Lions clubs can also serve as partners to schools implementing Lions Quest programs by providing financial support for staff development or student materials.



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Teacher Training

Educators must complete a Lions Quest staff development training before they can teach the life skills curricula. Only Lions Quest certified teachers can obtain program materials. Many workshop participants are eligible for continuing education credit. An individual school, a school district, or a Lions club or district can sponsor Lions Quest workshops.

Funding

LCIF Core 4 grants are available to Lions clubs to support broad-based implementation efforts. Additionally, Lions Quest is eligible to meet the requirements of the following initiatives, which may provide matching funds in the United States:

Safe & Drug Free Schools
Tobacco Settlement Funds
No Child Left Behind
Character Education
Service-Learning Commission on Community Service
Community Anti-Drug Coalitions of America (CADCA)
Learn and Serve America

Taught Worldwide

Educators in many countries around the world have been certified to teach the Lions Quest life skills programs. Recent statistics include:

- More than 420,000 educators are certified worldwide
- Materials are available in 30 languages
- Over 11 million youth have benefited from Lions Quest curricula



International Implementation

A team of educators should review Lions Quest materials. If the curriculum is appropriate for the local school system, teachers and schools should be selected for initial piloting of the program. Often, language or cultural adaptations are required before piloting can proceed. A legal agreement should also be signed between the Lions district or multiple district and Lions Clubs International Foundation before international implementation begins.

Research-based and Proven Effective

The U.S. Department of Health and Human Services National Institute on Drug Abuse (NIDA) conducted a study of the Skills for Adolescence (SFA) program, to measure its effectiveness in deterring and delaying substance use through middle school. According to Dr. Marvin Eisen, "exposure to a 40-session version of the SFA program helped deter the initiation of regular cigarette smoking and experimental use of marijuana through the end of 7th grade."

Skills for Adolescence has been designated a "Model" program by the Center for Substance Abuse Prevention (CSAP), Substance Abuse Mental Health Services Administration (SAMHSA). SFA also received a "Promising" program designation from the U.S. Department of Education Office of Safe and Drug-Free Schools.

The Character Education Partnership (CEP) has recognized Lions Quest as "a school-based program with scientifically demonstrated student outcomes."

Recognitions and Partnerships

Ministries of Education in: Australia, Iceland, Italy, New Zealand, Republic of South Africa, Thailand, and all Canadian Provinces
National Association of Elementary School Principals
National Association of Secondary School Principals
California, New York and West Virginia State Departments of Education
South Carolina Service Commission
Tennessee Commission on Community Service
Kansas Commission for Service Learning
Developing Safe and Civil Schools (DSACS), Rutgers University
Office of Juvenile Justice and Delinquency Prevention (OJJDP)
Communities That Care
National Youth Leadership Council
National Registry of Evidence-based Programs and Practices (NREPP)

Lions Quest correlates with national curriculum frameworks and state learning standards. For curriculum maps and correlation guides visit the Resource Library at www.lions-quest.org.

For more information, contact:

Lions Clubs International Foundation
Lions Quest Department
300 W. 22nd Street, Oak Brook, Illinois 60523-8842, USA
Phone: 630-571-5466
ext. 6960 or 6965
E-mail: info@lions-quest.org

Website: www.lions-quest.org