

Staff Development Opportunities

Two and three-day workshops are available for *Skills for Growing (K-5)*, *Skills for Adolescence (6-8)*, *Combination (K-8)*, or *Skills for Action (9-12)*, and can be sponsored by an individual school, a school district, or a Lions district. In addition, LCIF offers regional two-day combination workshops in select cities throughout the year. For regional workshops, teachers can register on an individual basis- please call our toll free number for details.

1-day Professional Development Workshops

RE-QUEST Review Workshop (Grades K-12)

Designed for educators, support staff, and community members who are currently teaching *Skills for Growing*, *Skills for Adolescence*, and *Skills for Action*.

INTRODUCTION TO SERVICE-LEARNING: IMPLEMENTATION AND INTEGRATION Workshop (Grades K-12)

Learn the four essential steps of successful service-learning; the elements of a high quality service-learning project; how to integrate the service-learning methodology into any school subject using case studies; develop an implementation plan; and learn about the strong link between service-learning and academic achievement and success in school.

CLASSROOM DISCIPLINE: ESTABLISHING RESPONSIBILITY AND RESPECT Workshop (Grades K-12)

Learn how to implement new strategies for creating a positive classroom environment- including how to set rules, establish consequences, and handle classroom discipline, while keeping student and teacher dignity in tact.

MANAGING ANGER, RESOLVING CONFLICT, and PREVENTING VIOLENCE Workshop (Grades K-12)

Teachers will experience better classroom management while students develop classroom rules, demonstrate respect, and learn how to negotiate with peers. Students learn ways to control their anger, resolve their own conflicts, communicate more effectively, practice applying their skills, and serve as positive role models.

TEENS-- ALCOHOL, & OTHER DRUGS Workshop (Grades 9-12)

"Teens- Alcohol, & Other Drugs" is a supplemental, thematic unit of *Skills for Action (9-12)*, that provides in-depth coverage of one of the most urgent issues facing youth today. In this one-day workshop, educators will receive the tools to help students gain the knowledge, attitudes, and behaviors they need to grow up healthy and drug-free, while resisting alcohol and other drugs.



Lions-Quest Programs
P.O. Box 304
Annapolis Junction, MD 20701-0304
USA
www.lions-quest.org

800.446.2700

Free Program Information

If you would like additional information about Lions-Quest programs and products, please contact a Program Representative through our toll-free number or access the Lions-Quest website and request any of the following:

Skills for Growing (Grades K-5)

- Overview
- Scope & Sequence
- Workshop Schedule

Skills for Adolescence (Grades 6-8)

- Overview
- Scope & Sequence
- Workshop Schedule

Skills for Action (9-12)

- Overview
- Scope & Sequence
- Workshop Schedule

General Information

- Lions-Quest Programs Conceptual Model
- Lions-Quest's Resource Catalog
- Summary of Lions-Quest Evaluation Results
- Funding Resources for Lions-Quest Programs

School districts considering adopting Lions-Quest programs may also request to borrow review curriculum for more detailed examination.

Because All Young People Need Skills For Life

Lions-Quest K-12 Program

Overview

Professional Development:
1-, 2-, & 3-day
Workshops Available

Key Program Elements:

- Positive Prevention
- Social & Emotional Learning (SEL)
 - Character Education
 - Life Skills
- Service-Learning & Citizenship
- Enhanced Academic Performance
 - Improved School Climate



Phone: 800.446.2700 • Fax: 240.646.7023

Mail: P.O. Box 304, Annapolis Junction MD 20701-0304

Collaborative for Academic, Social, & Emotional Learning (CASEL)
gave all 3 Lions-Quest programs a "SELECT" rating!



Skills for Growing

(Grades K-5)

Skills for Growing is the grade school component of Lions-Quest programs, and addresses youth development, character education, and prevention initiatives and efforts through:

- **Positive School Climate**
Uses program skills and concepts to create a positive 'norm' for supportive, respectful, classroom events
- **Service-Learning**
Students apply what they are learning to help plan and carry out at least one service-learning project.
- **Family Involvement**
Families reinforce program concepts and skills through the "Together Times" and special classroom events.
- **Community Involvement**
Community members are aware of the program and participate as classroom speakers, interacting with students through service-learning projects and special classroom events.

Skills for Growing combines effective prevention programming, including life skills and citizenship units, with character education and academic achievement in order to maximize learning potential. Cooperative learning and conflict resolution, drug prevention education and refusal skills, as well as multicultural understanding/celebration are all a part of this relational school-based learning program. SFG has been recognized by the Collaborative for Academic, Social, and Emotional Learning (CASEL) as a "SELECT" program, which is their highest rating!

"[Skills for Growing is] well organized, with much attention to concerns of educators, including infusing curriculum into other subject areas. Strong community service components can offer valuable practice in goal-setting and decision-making."

— Making the Grade: A Guide to School Drug Prevention Programs, Drug Strategies



Skills for Adolescence

(Grades 6-8)

Skills for Adolescence supports social and emotional learning (SEL), substance abuse prevention, service-learning, and character education initiatives through the reinforcement of:

- **Cooperative Learning & Conflict Resolution Skills**
Through cooperative group work, students learn self-discipline, responsibility, and good judgment, forming the basis for positive problem solving and preventing violence.
- **Service-Learning**
Through classroom and community service projects, students learn to reinforce positive social behavior, develop essential citizenship skills, and build upon critical employability skills leading to career awareness and exploration.
- **Drug Education & Refusal Skills**
Students develop and practice specific skills for saying "No" and demonstrate social responsibility by using what they have learned to alert others to the dangers of drug use.
- **Multicultural Understanding**
Through group activities, students learn about each other's heritage and traditions, enabling them to develop an understanding and respect for their peers and their cultures.
- **Parental Involvement**
The easy-to-understand material for parents helps them to enhance their children's educational experience, reinforce family values and emphasize effective communication, promoting positive relationships among parents, students, and the school. Skills for Adolescence has been recognized by the Center for Substance Abuse Prevention (CSAP) as a "Model" program, by the Collaborative for Academic, Social, and Emotional Learning (CASEL) as a "SELECT" program, and by the Department of Education's Safe, Disciplined & Drug-Free Schools, as a "Promising" program.

"In the process of making a better life for our children, we also removed the meaning and purpose from most of their experiences. For many, we took away their right to contribute to their society. It's time we put it back... through service opportunities: learning by doing useful tasks."

— Joanne Englund, St. Paul, MN- Testimony for Minnesota Governor's Blue Ribbon Committee on Mentoring and Youth Community Service



Skills for Action

(Grades 9-12)

Skills for Action is the high school component of Lions-Quest programs, which helps adolescents develop personal, social, and cognitive skills through service-learning and skill development projects. This program is rooted in the belief that young people are valuable resources and can take active and meaningful roles in addressing issues that affect their lives, communities, and the world. Skills for Action stimulates students' intellectual curiosity and academic growth, and guides them toward positive social action. This is accomplished through:

- **Service-Learning**
Offers meaningful roles for young people, provides a motivation to learn skills, and provides opportunities to use and demonstrate those skills.
- **Skills Development**
Builds academic, personal, and social skills, provides opportunities for teamwork and group interaction, and improves the quality of youth service.
- **Integration of Service and Skills into Curriculum**
Enables young people to be viewed as resources, teaches career-related skills, improves self-confidence and builds resiliency, while also using highly interactive teaching methods.
- **Community Involvement**
Develops constructive linkages with community leaders and organizations outside of the classroom. Skills for Action has been designated a "SELECT" program by the Collaborative for Academic, Social, & Emotional Learning (CASEL).

"Service-Learning builds on the growing willingness of students to serve their communities, and makes sure there is a high-quality academic component to that community service. Service-learning can help lay the foundation for a good scholarship—and good citizenship, for every young person in our country."

— Senator John Glenn, Chair
National Commission for Service-Learning