

Ice Breakers - Get Acquainted Activities

1. **Stand Up** - Ask group members to stand if they have done the following during the last 3 months: They stand for a statement and sit down, until you read the next statement.
 - Have you travelled to an island?
 - Did you see an international movie?
 - Have you learned something new?
 - Did you have houseguest visit you?
 - Have you read a novel?
 - Did you attend a musical performance?
 - Do you own a foreign made automobile?
2. **Pairs Sharing** - Form pairs among the participants. Ask the pairs to take turns in telling the other person two things you like about yourself, one skill you have, and one of your most satisfying achievements.
3. **Mingling** - Each person will use two pieces of paper (5x8). Each person writes a topic he/she likes talking about on the first pieces of paper and tapes or pins it on his front. Second, each person writes a topic that they would like to know more about on the second piece of paper and tapes it to his back. This encourages talking and mingling during a coffee break.
4. **Complete the Sentence** - This activity can be done in a large or in small groups of 5.
 - The last thing I did before coming was...
 - I love working with people who. . .
 - I am really concerned about....
 - I'm uncomfortable when.. ..
 - I wish I could.. ...
5. **Personal Item** - Select an item from your pocket, briefcase or purse and explain to the group what it says about you.
6. **I Am.....**

Write down 6 way of completing this statement to explain who you are. Share your list with

the group.