

Ice Breaker - Lions Clubs Needs Me Because...

Summary: This is an exercise showing personal commitment. It brings out humor, team spirit and reinforces commitment.

Objective: Energizer

Materials Required: None

Time Limit: 7 minutes

How it Works:

1. Ask participants to think of three reasons why Lions Clubs needs them, or how they contribute to Lions Clubs.
2. Then, have participants, all at the same time, either stand up or walk around the room shouting out these reasons with commitment and belief.