

## **Ice Breaker - Who Are You?**

**Objective:** To interact with the group and get to know them a little better.

**Materials Required:** None

**Time Limit:** 5-10 minutes

### **How it works?**

Ask the group questions (with two options), indicating that depending on their answer they go to one side of the room or the other. The group members are to then discuss among themselves why they chose their answer. Regroup with each question into two groups or use a sequence of two questions to divide the group into four groups.

Some sample questions are:

1. Are you a leader or a follower?
2. Are you a team player or work better on your own?
3. Are you motivated by achievement or by awards/recognition?
4. Do you like quick efficient meetings or relaxed, social occasions?
5. Would you describe yourself as creative or organized?
6. Are you an introvert or an extrovert?